

IN THE ABSTRACT:

Please amend the abstract as follows.

To provide a fixing method and a fixing device with each of which an image which has high gloss that is uniform irrespective of a toner mounting amount on a recording medium can be obtained at a relatively high recording medium conveying speed. A fixing method and a fixing device is provided in which an unfixed toner image formed on a recording medium is heat-pressure-fixed by using a fixing unit, ~~are characterized in that: wherein~~ the unfixed toner image is fixed when the recording medium passes through at least ~~[[2]]~~ two fixing units arranged in series in a conveying direction of the recording medium; ~~a toner for forming the unfixed toner image is a toner containing~~ contains a release agent; and the. Specific relations following formulas and (2) are satisfied between ~~when~~ a maximum temperature on the recording medium when the recording medium passes through a first fixing unit ~~is denoted by T1~~, a maximum temperature on the recording medium when the recording medium passes through a second fixing unit ~~is denoted by T2~~, a minimum temperature on the recording medium during a time period commencing on ejection of the recording medium from the first fixing unit and ending on entry of the recording medium into the second fixing unit ~~is denoted by t~~, a flow tester softening temperature of the toner is denoted by Ts, and a flow starting temperature of the toner is denoted by Tfb and properties of the toner.

$$T1 > Tfb \text{ ————— formula (1)}$$

$$T2 > t > Ts \text{ ————— formula (2)}$$